

Community Capacity Building & Engagement

Description of the hexagon and its outcomes

In these challenging times with reducing budgets available to public services and greater demands and expectations on our services, it is vital that we build and strengthen our relationships with our communities. They need to help us to understand what works best for them, to be at the forefront of service design and to help us to reduce demand, and prevent more costly interventions arising in the future. This theme forms part of the overarching strategic themes that all our communities are thriving, growing, healthy, active and self-sufficient.

	April - June 2017	July - September 2017	October - December 2017	January - March 2018
Main Achievements	<p>On the 13th June the Grants and Funding Team joined the Suffolk Association of Local Councils county meeting to promote external funding opportunities to 20 people. This has generated a number of funding enquiries from Parish / Town Councils.</p> <p>The 10th Suffolk Walking Festival – the team actively supported 10 of the 39 walks that took place in Babergh and Mid Suffolk (27 in Babergh; 12 in Mid Suffolk). In total there were over 100 walks in the 3 weeks across Suffolk. GP exercise on referral schemes – we are currently undertaking a review of the Babergh funded schemes with a view to maximising the impact for residents.</p> <p>Dementia – Funding has been secured for a new community post in Hadleigh; essentially a co-ordinator to take on the Memory Club at the Ansell centre</p>	<p>1. Friday 8th September saw the Men's professional cycling Tour of Britain pass through Mid Suffolk. The Communities and Health and Wellbeing teams organised community engagement events and spectator activities along the route. Turnout of spectators and visitors was excellent and this in turn increased footfall into the district bringing with it extra spending at local food and retail outlets. The event was a great opportunity to showcase what the district has to offer!</p> <p>2. As part of the Connect health, care and communities integration work, our sheltered housing scheme managers have been supported to undertake My Care Wishes (MCW) training. The MCW programme is recognised across the NHS family in Suffolk and replaces the previous "yellow folder" arrangements, it is all about ensuring that residents care choices in later life are known and understood by all the professionals, volunteers and family members supporting them.</p>		

Main Achievements Cont.	Connect programme – The team are focussed on ensuring effective locality working arrangements are in place across all of the Connect localities in our districts (Sudbury, South Rural, Stowmarket, Eye and Northwest Suffolk and Bury Rural) with the aim that our housing and community services become an integral part of the Integrated Neighbourhood Teams leading to more joined-up services for residents. We are currently working with our South Rural INT partners to develop an innovative mobile social prescribing scheme in Shotley and Holbrook.	3.The Health and Wellbeing Team recently supported World Mental Health day. This year the focus was on mental health in the workplace. In addition to working with HR on this we also provided support to our local Mental health forum (Mid Suffolk VASP) and Suffolk Family Carers to provide resources from local volunteer groups supporting individuals with emotional and mental health needs; the event was held in Stowmarket on 12 October outside the Museum of East Anglian Life. 4. Mid Suffolk was recently identified as the 3rd happiest district in England ! This is based on the ONS's headline estimates of personal well-being.		
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Impact on communities / the way we work Building community capacity, enabling external funding, effective partnership working to support the voluntary and community sector, enabling healthier, more active and safer communities and promoting and encouraging volunteering. We have a statutory responsibility within the Communities Team to undertake a range of duties in the Community Safety arena, including the 3 yearly Audit for the Section 11 & annual returns, to ensure the safety of our communities.

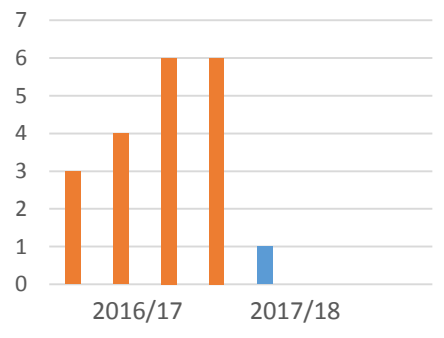
JSP: Community volunteers are skilled and able

Tracking Indicator	Linked to	Annual Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T1. % of volunteering by our staff and members (based upon those responding to an annual survey (Autumn 2016). Survey to be repeated, date tbc. Responsible Officer: Zoey Banthorpe Corporate Manager: Sue Clements	11,12	2016/17 2017/18	53%	65%		Both	A follow up survey will be carried out in Autumn 2017	Volunteering is vital to our communities and is directly linked to improved health & wellbeing and engaging employers is key. The launch of the new Volunteer Suffolk website is enabling us to have a much better understanding of volunteering across our county and the numbers and activity across our districts in comparison to others. We can then map the 'gaps' and relate our activity directly to meet these needs.
Tracking Indicator	Linked to	Data	Data	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T2. The number of volunteers and volunteer hours utilised by revenue funded organisations (annual figures) Responsible Officer: Gillian Hilder	11,12	<i>Volunteers</i> 2016/17 2017/18	<i>Hours</i> 13,069 151,306			MSDC		

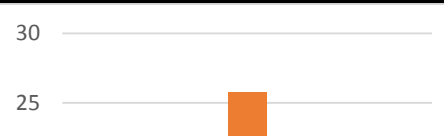
Corporate Manager: Sue Clements

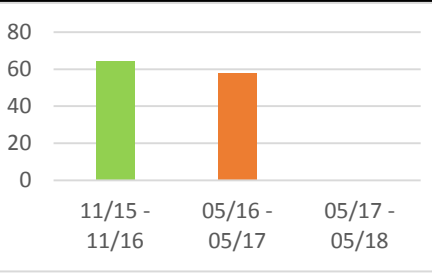
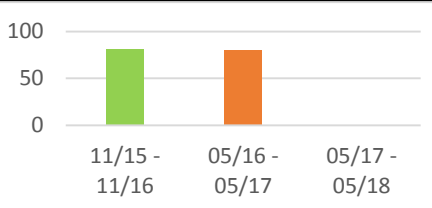
Tracking Indicator	Linked to	Data	Data	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T3. Nos of volunteering vacancies advertised and taken up in the districts as on the Volunteer Suffolk website. NEW MEASURE Responsible Officer: Zoey Banthorpe Corporate Manager: Sue Clements	I1,I2 2017/18 Qtr.2 Qtr.4	<i>Opportunities advertised</i> 158	<i>Volunteers registered</i> 81	200		Both		Last Update 10/17 Since Spring 2017 the new Volunteer Suffolk website can provide data on the number of vacancies advertised and taken up in the districts.

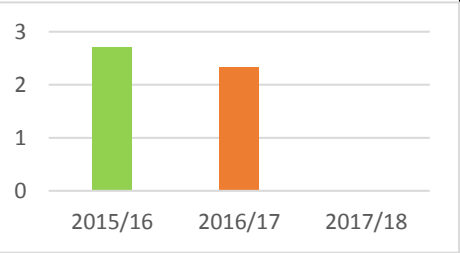
Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
I1. No. of Volunteering Information Drop in sessions held Responsible Officer: Zoey Banthorpe Corporate Manager: Sue Clements	T1,T2,T3	2016/17 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	0 0 2 0 0 0 0 0	2 2		Both	Two Funding & Volunteering Fairs scheduled for 25Oct17 and Feb18 to promote volunteering opportunities in our districts	These public events focus on funding and volunteering for all communities

Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
I2.No. of Case Study Stories in Working Together (reflecting the current investment being made by staff and Councillors volunteering across Suffolk Responsible Officer: Zoey Banthorpe Corporate Manager: Sue Clements	T1,T2,T3	2016/17 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	3 4 6 6 1 0			Both	We are developing mechanisms for encouraging and enabling volunteering and mapping gaps in the range of people directly volunteering in our communities.	This is a new and emerging area of work and over the next 12 months we will build a picture of volunteering across Babergh and Mid Suffolk and compare this with neighbouring district and borough partners.

JSP: Continued support for Health & Well Being outcomes that prevent interventions

Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T1. Adult Sport and Physical Activity Levels measured in moderate intensity equivalent (MIE) minutes: % of INACTIVE adults (less than 30 minutes per week)	I1	11/15 - 11/16 05/16 - 05/17 05/17 - 05/18	21.6 25.8				Last Update 10/17 These indicators are taken from the new Active Lives Survey (Sport England) and provide a key benchmark for comparing	Last Update 10/17 Suffolk figure is 25.6% England figure is 25.6% A lower percentage is better

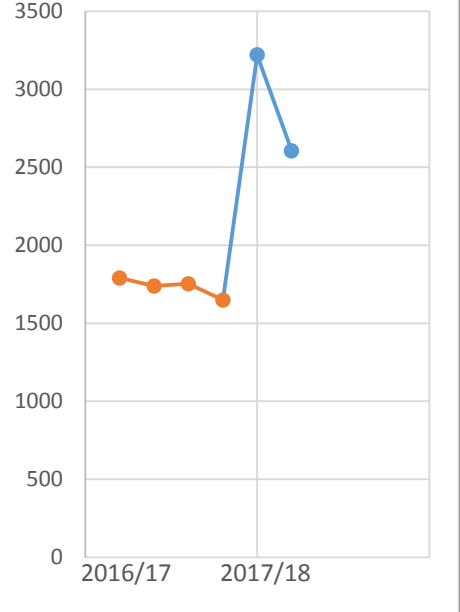
Responsible Officer: Jon Seed Corporate Manager: Jon Seed						MSDC	activity levels across Local Authority areas in England. Next data release will be in March 2018. These two outturns are baselines so no data available on trends yet until March 2018. Given the confidence intervals Mid Suffolk is not statistically different when compared to the rest of Suffolk and England on any of these measures for the May 2016 to May 2017 survey window. Around 1 in 5 people are inactive in Mid Suffolk and this is in line with Suffolk and England as a	
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T2. Adult Sport and Physical Activity Levels measured in moderate intensity equivalent (MIE) minutes: % of ACTIVE adults (more than 150 minutes per week) Responsible Officer: Jon Seed Corporate Manager: Jon Seed	11,12	11/15 - 11/16 05/16 - 05/17 05/17 - 05/18	64.5 58.1			MSDC	As above	Last Update 10/17 Suffolk figure is 58.0% England figure is 60.6% A higher percentage is better
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T3. % of Adults (aged 16+) who have taken part in sport and physical activity in the last 28 days Responsible Officer: Jon Seed Corporate Manager: Jon Seed	11,12	11/15 - 11/16 05/16 - 05/17 05/17 - 05/18	81.5 80.4			MSDC	As above	Last Update 10/17 Suffolk figure is 78.6% England figure is 77.2% A higher percentage is better
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T4. Life satisfaction indicator [Question: Overall, how satisfied are you with your life nowadays? Where 0 is 'not at all satisfied' and 10 is 'completely satisfied'] Responsible Officer: Jon Seed Corporate Manager: Jon Seed		2015/16 2016/17 2017/18	7.84 7.92			MSDC	Last Update 10/17 These indicators are derived from the headline estimates of personal well-being from the Annual Population Survey (APS): by counties, local and unitary authorities, April 2016 to March 2017. This data was published by the ONS on 26 September 2017. Given the confidence intervals both Babergh (and Mid Suffolk) are not statistically different when compared to the rest of Suffolk and England on any of these measures.	Last Update 10/17 Suffolk figure is 7.87 East of England figure is 7.74 England figure 7.68 (out of 10) A higher number out of 10 is better
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T5. Happiness Indicator [Question: Overall, how happy did you feel yesterday? Where 0 is 'not at all happy' and 10 is 'completely happy'] Responsible Officer: Jon Seed Corporate Manager: Jon Seed		2015/16 2016/17 2017/18	7.87 8.18			MSDC	Last Update 10/17 8.18 out of 10 is the 3rd highest (best) rating of any local authority area in England.	Last Update 10/17 Suffolk figure is 7.82 East of England figure is 7.58 England figure is 7.51 (out of 10) A higher number out of 10 is better
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons

T6. Anxiety Indicator [Question: Overall, how anxious did you feel yesterday? Where 0 is 'not at all anxious' and 10 is 'completely anxious'] Responsible Officer: Jon Seed Corporate Manager: Jon Seed		2015/16 2.71 2016/17 2.32 2017/18				MSDC	As above	Last Update 10/17 Suffolk figure is 2.76 East of England figure is 2.85 England figure is 2.91 (out of 10) A lower number out of 10 is better
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Influencing Indicator	Linked to	Data	Data	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
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I1.No. of new Fit Villages projects established in the Mid Suffolk area. Responsible Officer: Jon Seed Corporate Manager: Jon Seed	T2,T3	2016/17 annual 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	14 2 1			MSDC	Last Update 10/17 1 new Fit village project has been established this quarter in Stowmarket (50+ keep fit class) bringing the total number of FV projects running in the Mid Suffolk area to 19.	Last Update 10/17 Fit Villages has been nationally recognised for its work within the community after being awarded the Social & Community Development Project of the Year at The County Sports Partnership Network (CSPN) Convention. The number of active projects is currently at its highest level since the programme began. (85% of projects across the districts are sustainable and continue beyond the 8 weeks of funding)
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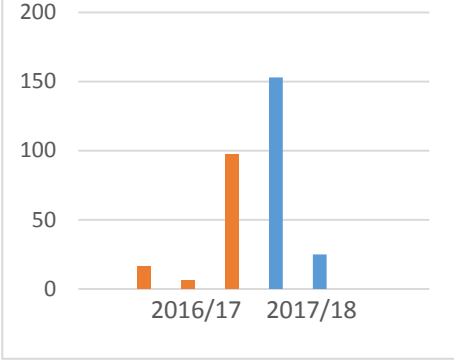
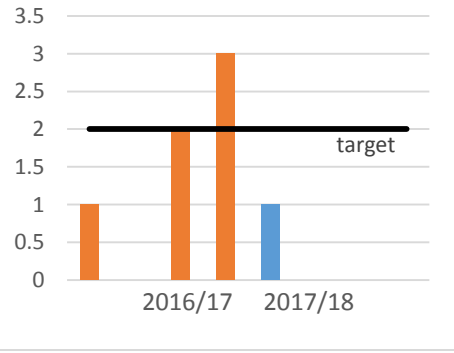
Influencing Indicator	Linked to	Data	Data	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
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I2. Great Run Local Needham Lake event, total number of runs completed Responsible Officer: Jon Seed Corporate Manager: Jon Seed	T2,T3	2016/17 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	1791 1740 1754 1650 3219 2605			BDC	Update 10/17 The total number of 5km and 2km runs completed at this weekly volunteer led event continues to grow. Data shows a 50% increase in participations between Quarter 2 this year and the equivalent period last year. Based on the first two quarters data annual participations for 2017/18 are already on track to significantly exceed last year. Moreover the data shows a consistently high level of participation – highest in England for an event of this type. There is some quarterly variation due to seasonal factors and the numbers of Sundays that fall in any given quarter.	Last Update 10/17 The Needham Lake Great Run Local was established with the help of Sue Calver in the Health and Wellbeing team and has attracted hundreds of regular runners since its launch last year. Open to all abilities, the event prides itself on getting new-starters into running by walking or jogging the 2km course, and gradually moving up to a 5km run. It is now one of the most successful events of its type in the UK. By working in partnership with others there is now a portfolio of projects running across the districts including Park Run, Great Run Local, Year of Walking and 'Fit Villages' which is helping sport and activity reach our more rural locations.
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JSP: Targeted grants and funding to support Community capacity building

Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T1.Capital funds provided by the districts to the voluntary and community sector as a % of their overall income (annual) Responsible Officer: Gillian Hilder Corporate Manager: Sue Clements	I1,I2	2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	13% tbc			MSDC		

Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
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T2.Awards for All funding (£200-£10,000) awarded to Babergh and Mid Suffolk organisations (annual)	I1,I2	2017/18		200k (£100k per district)		Both	Awards for All' is a Big Lottery administered fund suitable for many community projects.	
Responsible Officer: Chris Knock Corporate Manager: Sue Clements								
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T3.Delivery of safeguarding training to all Staff and Councillors, Nos of attendees.		2016/17 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	0 16 6 97 153 25			Both	Safeguarding Training to all Staff and Councillors across both Councils to ensure the safety and support the vulnerability of our communities. Ongoing activity for all staff and councillors including renewals and new starters	Also delivered 3 Prevent Training sessions for 24 members of staff. This training raises awareness of radicalisation and what staff should do if they suspect someone is showing extreme behaviours.
Responsible Officer: Melanie Yolland Corporate Manager: Sue Clements								
Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
I1. Number of Funding Events undertaken by the Communities Team	T1,T2	2016/17 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	1 0 2 3 1 0	2 2		Both	In April 17 we held a Funding Fair in Metfield reaching 34 delegates Future events planned : Two Funding and Volunteering Henley and Stowmarket (Oct and Feb'18 respectively) Figures shown cumulative	These type of Events are vital for bringing key funders and stakeholders into our communities to promote awareness of financial opportunities and enable networking across our voluntary sector.
Responsible Officer: Chris Knock Corporate Manager: Sue Clements								
Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
I2. Number of assets of community value as part of our statutory duty in respect of community rights	T1,T2	2016/17 2017/18 bi-annual Q2 Q4	7 2	no target as a reactive response to community need		MSDC	This is time intensive work across the Communities team and is reactive to the needs and aspirations of Mid Suffolk's communities. ACV listings for MSDC for 2016/17 = 7. 1 success (Somersham's Duke Marlborough) and we are still working closely with remaining 6 to move towards successful purchase.	This duty is part of the Community Rights Legislation from Government to enable communities to have powers to undertake a process of securing assets of community value. This work is undertaken by a specialist Officer within the Communities Team working closely with our Shared Legal Services Team
Responsible Officer: Stephanie Osborne Corporate Manager: Sue Clements								